

ICS 509 MISSIONARY CARE

4 Credits

Lecturer: Ms. Lindis Szto

About Lecturer

Lindis Szto was sent out as a missionary of Bethesda Frankel Estate Church to the Philippines in 1993. She served there for two years and after a furlough found the door to return to the field closed. Since then she has been serving in missions and pastoral ministry of her church. Lindis is also serving with OMF Singapore's Member-Care team which oversees the care of missionaries sent out from Singapore. Lindis graduated from Trinity Theological College with a Bachelor in Theology and a Masters in Counseling from Monash University Melbourne.

Academic Year : 2009/10, 3rd Quarter (Jan 25 – Apr 30, 2010)
Day & Time : Mondays, 2.00 – 3.50 pm, & Wednesdays, 9.00-10.50 am
Dates : Jan 25, 27
(dates could be Feb 1, 3, 8, 10, 22, 24
subject to change) Mar 6, 8, 10, 22, 24, 29, 31
Apr 5, 7, 12, 14, 19, 21
Venue : EAST ASIA SCHOOL OF THEOLOGY
1, Dorset Road, Singapore 219486. Tel: 6291-9744

CLASS SYLLABUS

Class Description

Missionaries are Ordinary People not Extra-Ordinary Saints. They are on the frontline of a spiritual war between the powers of good and evil and their battles are even worse. They need pastoral care as much as the ordinary church member. This course looks at the biblical foundation and sources of care, and the integration and relevance of a theology of care into the reality of the missionary's life which enables them to thrive.

Class Pre-requisites:

None

Objectives

- To understand and integrate the biblical foundations of care
- The need for Member care both Pastoral and Psychological
- To minister holistically to the individual and help the wounded soul
- To explore the causes and cures of missionary attrition
- Why survive when we can thrive

Essential Books

1. Assessment Booklet Form M (1 set)
2. The Return of The Prodigal Son by Henri Nouwen
3. Rhythms of Grace by Tony Horsfall

Class Schedule (January 25-April 30, 2010)

Jan	25	Introduction Biblical Foundations Theology of Care
	27	Ministry of Member/Missionary Care Pastoral & Psychological Care
Feb	1	Beginning with Basics – Holistic Self Care Knowing Yourself – My Identity
	3	Growing Yourself Learning the Unforced Rhythms of Grace
	8, 10	Loving Yourself a) How Good Are You Looking After Yourself Assessment b) Relaxation exercise c) Identifying Passive, Aggressive & Assertive Behaviors- positive & negative aspects and impact on our life.
	22, 24	Discovering Your Passion, Gifts, Style
Mar	1 & 3 (no classes)	
	6	Spiritual Retreat (9.00 – 12.30 am)
Mar	8	MBTI Assessment
	10	Transitions
Term Break		
	22, 24	Interpersonal Relationships & Implications Husband & wife Children Aged parents Home church/leadership Mission agency Field leadership/team Nationals
	29, 31	Conflict Management
April	5, 7	Learning To Be Resilient Understanding & Managing Stress
	12 (guest speaker)	Building A Multi-Cultural Team

14 (guest panel)	TCKs : preparation for mission education – local, international, home-schooling
19	Crisis and Contingency Plans
21	Ending Well (questions & feedback)

Course Requirements

Grades are based on class attendance, active interaction in class discussions and completion of reading assignments (The Return of The Prodigal Son & Rhythms of Grace) and responses.

A final term paper of 3500 – 4000 words on an aspect of member care that is or will be relevant to you as a new missionary, a returnee missionary, or as a church member with a desire to implement member care in your church.

Examples: Third Culture Kids
 MKs and education
 Single Missionary Women/Men and Their Unique Challenges
 Re-Entry / Retirement
 Language learning

Due Date for Assignments

The Return of The Prodigal Son	24 February
Rhythms of Grace	24 Mar
Final Term Paper	21 April